



School Newsletter

27th September, 2019

What's On!

Students return on Monday 14th October

Breakfast Club -

Every morning 8.30am-9am

Parent Café -

Thursdays 9.10am
Community Room

School Assembly -

Fridays: Weeks— 1,3,5,7,9

Playgroup— COMMENCING WEEK 2

Tuesday - Group 1 9am-11am

Wednesday -Group 2 9am-11am

Swim School—Week 1-2

WEEK 1:

Friday 18 October:

- PSSA Round 4

WEEK 2:

Thursday 24 October :

- Regional Pubic Speaking
Grand Final

Friday 25 October :

- PSSA Round 5

WEEK 3:

Wednesday 30 October :

- Student Parliament
Workshop 9am-2.45pm

Thursday 31 October :

- P&C Meeting 9am-10am
Community Room

Friday 1 November:

- PSSA Round 6

Principal Report

Dear Parents and Carers

Term 3 ends today. Thanks to you all for the support that you give to your children and the school. School returns on Monday 14 October.

Our playground will be open during these holidays as part of the 'Share the Space' initiative. Share the Space is all about opening up government grounds and facilities for the local community. The back gate will be open from 9-3 every weekday. There will be a security guard on site.

Last week I had the privilege of attending the Western Liverpool Performing Arts Festival at Club Marconi. Congratulations to the senior and junior dance groups for their outstanding performances. Back stage our students were exceptional in the way that they conducted themselves. Special thanks to all parents and friends who attended, Mrs Tantoco, Mrs Pepper, Mrs Martin, Miss Pham and Miss Tran for teaching dance and choir throughout the year and to the 17 Sadleir Public School staff who assisted on one or more nights.

The P&C Colour Run was held yesterday. Another fantastic fun event and a big thankyou to all of the P&C volunteers and parent helpers for making the day happen. Special thanks to Maria Tsoukalas and her team.

Road safety on holidays

Please take extra care on the roads during the holidays. In holiday time, daily routines often change and everyone is a lot more relaxed. Different play locations and holiday destinations means changed traffic environments and new safety concerns. The best way to keep children safe is to actively supervise them closely. Talk to children about being a safe road user. It's the law that everyone wears a helmet when riding a bike in a public place.

On behalf of all staff I wish you a happy, safe and relaxing holiday break.

Matthew Ralph
Principal

find us on
facebook



2168 Combined NAIDOC

On Thursday 5th September students participated in the Liverpool Local Aboriginal Consultative Group's (LLAECG) Annual 2168 Combined NAIDOC event held at Ashcroft Public School. The students participated in many activities during the day including didgeridoo playing and painting, jewellery making, art, dance, sport and sampling traditional foods like Johnny cakes and kangaroo, crocodile and emu. The following are some quotes by the students of their favourite activity during the day:

Natu- I enjoyed eating the bush tucker. My favourite was emu.

Daniel M- My favourite part was learning how to play didgeridoo.

Misey- That's tricky, but probably the traditional dancing.

Shari- My favourite part was making jewellery.

Memphis- The traditional dancing.

Kaleigha- The Torres Strait Islander dance and playing traditional indigenous games.

Brayden- Playing inflatable basketball.



PEER LEADERSHIP



In Week 8, Peer Leadership Groups discussed how students can be responsible while eating and tidying up, and recycling litter.

During the activity students brainstormed ideas with their peer leaders about how to keep our playground clean and tidy. Ideas were recorded on a mind map. Suggestions included: sitting while we eat, putting our rubbish in the appropriate bin, picking up rubbish we see in the playground, even if it's not our own. We also talked about putting our rubbish and recycling in the appropriate bin such as plastics, paper and cardboard = yellow bin, food scraps = compost bucket, general waste = classroom bins and dark green bins in the playground.





**Share
Our
Space!**
Grounds open
these holidays

Share Our Space Open Playground

These spring holidays send your kids back to school! And join them! We're opening our gates to the community as part of Share Our Space, from Monday 30 Sept to Friday 11 Oct (9am until 3pm weekdays). Please come along with your families to enjoy the back playground including the basketball court and soccer field and enjoy the open space.

The spaces will be cleaned regularly, and there are security services in place to keep the grounds in good shape. To find out details and a school near you go to the Share Our Space webpage here.

The back gate to the school will be open between 9am and 3pm.

STAGE



Tuesday 24th September, Stage 3 hosted our annual Pizza day fundraiser. We would like to thank each and every student, parent and

community member for their ongoing support and contributions to stage 3 fundraising.

We made a total of nearly \$900 which will go towards the cost of year 6 farewell. There will be a McDonalds fund raiser next term, more information to come.





Promoting and influencing healthy food choices for children

"PHOTOGRAPHY COMPETITION - YOUR CHANCE TO WIN AN IPAD & OTHER GREAT PRIZES!"

An exciting national photography competition is providing primary and high school students the opportunity to express themselves creatively through the exciting medium of photography. Endorsed by NSW Health and Healthy Kids Association, the competition invites students to submit photos that express their interpretation of the theme "Healthy Life, Healthy You". There are heaps of prizes on offer, as well as the chance to feature in a photo exhibition. Each winning entrant in the Primary School Category will also win a healthy school canteen prize for the school. So grab your cameras and start shooting! You can find out more about the competition, the entry requirements and prizes on offer at: yourhealthlinkphotocomp.com.au. Entries close on 13th October 2019. There is also a special prize category sponsored by Healthy Kids Association that encourages children to take a photo that best captures the idea of eating the rainbow. Winners of this special category will take home their very own iPad!"

Your Health Link Photographic Competition

NOW OPEN
GREAT PRIZES TO BE WON



Competition Theme
#HEALTHY LIFE #HEALTHY YOU

Categories and Awards

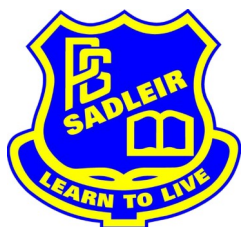
- Primary and High School
- Eating the Rainbow
- Mobile
- Open
- People's Choice
- Program Cover Award

Competition closes 13 October 2019



[Click here](http://yourhealthlinkphotocomp.com.au)

yourhealthlinkphotocomp.com.au



Parents have completed their crochet classes with Mrs Pap and have created some beautiful headbands. Well done to all of the talented mums that attended and thank you to Mrs Pap for sharing this beautiful craft with us.

PlayGround Equipment

Students are working in collaboration with each other to choose equipment for our playground from our P&C.



Playgroup



In Term 3, Playgroup has enjoyed our new nature strip obstacle, playing in the sandbox, riding bikes and playing our musical instruments.

We are looking forward to lots more fun and our Farm excursion in Term 4.

HAPPY HOLIDAYS!





Sadleir's School Colour Run



We had an amazing afternoon at our School Colour Fun Run on Thursday 6 September, getting sprayed with colour. Students, staff and P&C members enjoyed walking around the course, getting coloured by volunteers!

A huge thank you to our P&C members involved in organising the event as we raised over \$1300 for our school. Thank you to all volunteers for giving up their time to be involved and thank you to all staff who enjoyed getting involved with the students!



GO4FUN[®]

HEALTHY ACTIVE HAPPY KIDS

Go4Fun is a free 10 week healthy lifestyle program for kids between 7-13 years of age who are above a healthy weight.

The program helps families by teaching them about healthy eating and physical activity through fun games and activities.



Term 4 Programs

Programs starting from 14 October 2019

Liverpool PCYC

100 Cartwright Avenue, Miller
Thursdays 4-6pm

Canley Heights Public School

111 Cambridge St, Canley Heights
Mondays 3:30-5:30pm

Max Parker Leisure and Aquatic Centre

Swim Program
Marco Avenue, Revesby
Saturdays 1-3pm

For more information or to register,
contact us on 1800 780 900 or visit
go4fun.com.au





Book a spot now for your child in our Keeper for a Day Program these school holidays!

For kids aged 8-13 years, this program is perfect for little animal lovers who want a hands-on experience with Aussie wildlife.

Time: 9.00am—3.30pm

Sessions available:

Wednesday 2 October 2019

Monday 7 October 2019

***Bookings are essential**

Maximum of 10 children per session

Call (02) 9622 1644 to book.



SCHOOL HOLIDAY KINDNESS CHALLENGE

Make the
world a
better
place.

Our world need more kindness so we are inviting schools to share this kindness challenge with students and parents for the September School Holidays.

SCHOOL HOLIDAY KINDNESS CHALLENGE

Make the
world a
better
place.

You don't need a reason to be kind. Kindness is always a choice. The more you practice it, the more natural it becomes. Practice being kind each day for the next 14 days by choosing 1-4 ideas from the lists below. You can choose from one category or all four each day. Choose your level of kindness. Add your own ideas as well...

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KINDNESS to SELF

- Do something that makes you happy today
- Exercise for 10 minutes and get your heart pumping
- Smile more often
- Avoid complaining for the entire day
- Create a new game and play it with friends and family
- Take time to practice mindfulness
- Take long slow deep breaths for 3 minutes
- Listen to your favourite music



KINDNESS to FAMILY

- Help with the dishes without being asked
- Express your gratitude to your family
- Play a game with a family member
- Wash Mum or Dad's car
- Make a handmade card for someone in your family
- Tidy up after yourself
- Surprise a family member by doing their job for them
- Cook a meal
- Leave a special note under a family member's pillow



KINDNESS to OTHERS

- Write a letter or note to someone out of town and post it
- Bake a cake or your favourite food and deliver it to a friend or someone in need
- Find opportunities to give compliments today
- Say "thank-you" as much as possible
- Hold the door open for the person behind you
- Do something kind for a stranger
- Greet people with a Hug, High Five or Handshake



KINDNESS to PLANET

- Use less plastic
- Drink from a reusable water bottle
- Turn off the lights when you leave the room
- Use reusable shopping bags
- Pick up 5 pieces of litter
- Walk more, drive less
- Recycle
- Make a piece of art work from recycled materials

