



School Newsletter

Sadleir Public School

Friday, 28 July 2017



Education



What's on at Sadleir!

In this Issue

- Mr Ralph's Principal Report
- Sadleir Public School Reward System
- Speech Pathology Insert
- School Spelling Bee
- Ambassador Program
- Aboriginal Student Excursion
- Stage 1 Learning
- Stage 3 Learning
- Breakfast Club
- Parent Crochet Lesson
- Playgroup
- NSW Premier's Primary School Sport Challenge
- PSSA Update

31 July

All Day Life Education Van
All Day Dental Health Van
8:30—8:50 Breakfast Club
9:00—9:30 Healthy Harold Parent Information Session

1 August

8:30—8:50 Cereal Tuesday
9:10—10:10 P&C Meeting

2 August

9:00—10:00 Playgroup

3 August

All Day P&C Jeans 4 Genes Day
9:10—10:10 Parent Café- Crochet Class Lesson #3

7 August

9:00-12:00 **Education Week**
Education Week Assembly and Open Classrooms

8 August

8:30—8:50 Cereal Tuesday
9:15—10:15 Year 6 Dance

9 August

All Day Choir Rehearsal
9:00—11:00 Playgroup

10 August

9:10—10:10 Parent Intro—Microsoft Word/E-mail

11 August

8:30—8:50 Breakfast Club



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Mr. Ralph's Principal Report

Dear Parents and Carers

Sad News

During the holidays Rhouwayda Hamid sadly passed away after a long struggle with cancer. Our thoughts and condolences are with the Hamid family.

Homework and Breakfast Club

The homework club will begin in week 4. Please fill out and return the form if you would like your child to attend. We have a limit of 24 and priority will be given to 3-6 students. Miss O'Reilly and Miss Nat will run the centre this year.

Breakfast club is going extremely well with over 25 students attending on Monday, Tuesday and Friday mornings.

Attendance Update

Last term our school attendance data was very disappointing with many students recording less than 80% attendance for the term. Education for your child is important and regular attendance at school is essential for your child to achieve their personal best and increase their career and life choices. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

Arriving at school on time is also very important. Lateness is recorded as a partial absence and must be explained by parents.

Behaviour code for students

NSW public schools are committed to providing safe, supportive and responsive learning environments for everyone. We teach and model the behaviours we value in our students.

Students are expected to:

- Respect other students, their teachers and school staff and community members
- Follow school and class rules and follow the directions of their teachers
- Strive for the highest standards in learning
- Respect all members of the school community and show courtesy to all students, teachers and community members
- Resolve conflict respectfully, calmly and fairly
- Comply with the school's uniform policy or dress code
- Attend school every day (unless legally excused)
- Respect all property
- Not be violent or bring weapons, illegal drugs, alcohol or tobacco into our schools

Not bully, harass, intimidate or discriminate against anyone in our schools

Sadleir PS takes strong action in response to behaviour that is detrimental to self or others or to the achievement of high quality teaching and learning.

Anti-bullying

The department has established a fantastic new anti-bullying website for students, teachers and parents. I've attached a fact sheet and additional information can be sourced at antibullying.nsw.gov.au

Athletics Carnival

Thank you to parents and friends who came along to Dwyer Oval. Most of the feedback that we have had has been positive but please let us know if you have some feedback in relation to the venue and/or organisation. Our sport committee leaders Mr Scully and Mrs Low and/or myself are the best people to talk to.

Spelling Bee

Thank you to Mrs Johnson, Mr Scully, Mr Vartuli and Mrs Martin for stepping in and organizing the spelling bee finals at late notice while Mrs Proctor needing to take leave.

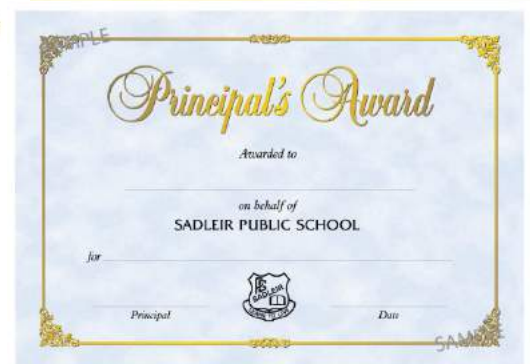
Sadleir Public School Reward System

With the introduction of PBL, we have updated our awards system to reflect our values at Sadleir P.S.

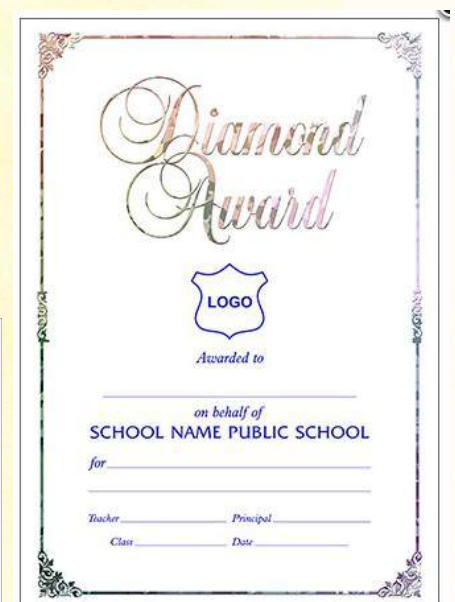
ROSA – Recognition of Student Achievement

Achievement, effort and improvement awards will be presented weekly at each assembly known as a **R.O.S.A** (Recognition of Student Achievement).

Each class will recognize 3 students who have demonstrated outstanding academic and sporting achievement. Mr Ralph will also reward students in the school with a Principal's award each week at assembly. We will continue to reward students for Attendance, Creative Arts and Sporting achievements



Star Awards - excellent classroom behaviour and work habits will be rewarded through the use of **Long and Strong Awards** called **STAR AWARDS**. The collection of STAR certificates runs throughout the academic year until December.



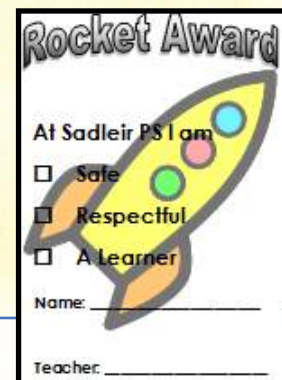
STAR
AwardsStudents collect **STAR** certificates from classroom teachers - 10Galaxy
Awards10 STAR certificates = **BRONZE STAR** award received in Friday whole schoolGalaxy
Awards20 STAR certificates = **SILVER STAR** award received in Friday whole school assemblyGalaxy
Awards30 STAR certificates = **GOLD STAR** award received in Friday whole school assemblyGalaxy
Awards40 STAR certificates - **DIAMOND GALAXY** award received in at the end of year presentation day (medallion)

Rockets – self-discipline in playground and classroom behaviour will be rewarded with **Free and Frequent Rockets**.

Teachers are able to hand out Rockets to students to display the expected behaviours. Students write their names on the Rockets and place it in the class collection box.

Stages will draw out 5 students to receive a prize during the _____ week.

At Assembly, the class SRC students will empty the Rockets into the whole school collection box, known as **the Space Station**. When the Space Station is full the school will receive a



Rock-

Free and frequent
Class collection

Rock-

Fortnightly raffle in class/stages
5 Student winners per stage

Rock-

Stage collection at Friday's assembly

Rock-

School collection in the Space Station in the hall
Whole school reward when the Space Station is full

Speech Pathology Insert

Vocabulary is the total number of words a person can understand and use. The more words a child knows and uses, the better their comprehension skills will be.

The best way to develop vocabulary is through reading (rather than conversation or TV)! By reading just 20 minutes each day, a child will be exposed to 1,800,000 new words over a year. Compared to a child who reads only 1 minute per day (or basically no reading at all), exposed to only 8,000 words over the year.

So...how can you teach new words?

Let's take an example of 'awake'

- Make sure the child can say the word and ask them to repeat it after you (e.g. say 'awake')
- Discuss the sounds that make up the word and how to write/spell it (e.g. 'awake starts with a-then w-a-k-e', ask the child to write it down)
- Find a child-friendly definition - co-build dictionary online is great for this! (e.g. 'someone who is awake is not sleeping')
- Try to make new words (e.g. you could talk about the words 'waking', 'woken', 'wake').
- Use the word in a sentence (e.g. 'Nightmares keep me awake at night')

Most importantly, encourage children to have fun learning new words! They might like to draw a picture of the word or even act it out.

Written by: Elisa Calcopietro (Speech Pathologist – Learning Links)



School Spelling Bee

Congratulations to all of our Spelling Bee finalists! It was fantastic to see students learning new words and the results were amazing. A special congratulations to the grade winners, Luke Watson in Kindergarten, Gabriel Sidawi in Year 1, Onaleah Katieli in Year 2, Suraiya Sidawi in Year 3, Xanthe Funaki in Year 4, Redil Atroushi in Year 5 and Ryan Vergara in Year 6.

Our students representing Sadleir Public School in the 2017 Premier's Spelling Bee are Suraiya Sidawi and Xanthe Funaki in the juniors with Redil Atroushi and Ahmed Ghazzaoui in the seniors.

Again, a big congratulations to you all, you should be very proud!



School Spelling Bee



School Spelling Bee



Ambassador Program

Last week Pearl Fretton, our school ambassador attended the launch day for the Ambassador Program at James Busby High School . It was a great launch day where Pearl had the opportunity to network with other school ambassadors from across the Liverpool region. Students are involved in exploring and developing leadership skills and identifying concerns common to primary aged students and develop and implement a project to address these issues. Projects will be undertaken over a 15 week period. At the end of this period, each Ambassador Team will present the 'journey' of their project, with the local school impact, at a special project presentation event.

"At the ambassador program I got into a group with School Ambassadors from Cartwright, Miller and Dalmeny and worked on activities about leadership. We also had to do an activity about the main issues in our school which were rubbish, technology and uniform, but we are mainly focusing on the wellbeing for students. In a few weeks we are going to be visiting each others schools to see what are the important issues and figure out the solutions for them. We will be taking photos, videos and also we will be doing surveys to students." - Pearl



Aboriginal Student Excursion

On Thursday 20th July, Mr Ralph and I had the pleasure of taking a small group of students into the Sydney Opera House. Aboriginal students from Years 4 -6 were invited to a special performance of the world acclaimed Bangarra Dance Theatre's production of Bennelong. This performance focusses on the historical significance of Woollarawarre Bennelong and his delicate relationship with Captain Arthur Phillip. We were extremely proud of the respectful behaviour shown by all students and the insightful discussion that followed the performance.

Mrs Carruthers

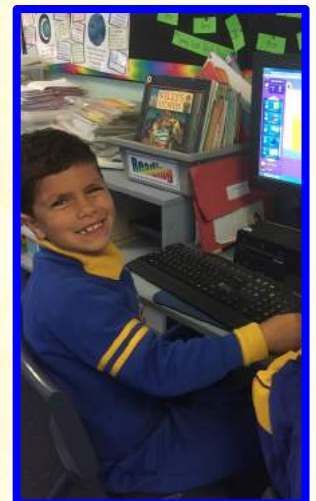
Deputy Principal

Please scan the QR code with your smart phone's QR code reader to watch a sneak peek of this performance.



Stage 1

1R, 1K, 1/2M and 2J have been busy with Language, Learning and Literacy. We are all working hard to improve our reading and writing.



Stage 3

The Year 6 students have been working really hard to learn Miss Campbell's choreography. The dance involves a little bit of drama, which the students find both interesting and fun. The students are enjoying the different techniques being used in the dance this year and have been striving to give it their all.



BREAKFAST

CLUB

Introducing "Cereal Tuesday"

Breakfast Club will be trialling each Tuesday morning where students are encouraged to have cereal for breakfast and increase their daily intake of calcium. Statistics have shown that 1 in 5 children meet their daily requirement of calcium which is leading to an increase of bone disease later on in life.

Don't forget, Break-



How much calcium do we need daily?

Age	Recommended Dietary In-take (mg)
1-3 yrs	500
4-8 yrs	700
9-13 yrs Boys	1000-1300
Girls	1000-1300
14-18 yrs Boys	1300
Girls	1300

Dairy/Soy Amount

Milk
(skim, low fat, whole)

1 cup

Calcium(mg)

300

Yogurt

1 cup

450

Cheddar Cheese

1 slice

201

Broccoli

1 cup

180

Spinach

1 cup

240

Ice-cream/ice milk

1/2 cup

100

Community News with Mrs Shashati

Parent Crochet Lesson #1



On Thursday 20th July, parents took part in the **1st lesson** of our "Learn to Crochet" workshops.

We began our 'Granny Squares' which were a bit of a challenge to start, but our morning soon became full of fun and laughs.

The art of crochet is a calming activity that helps with arthritis, keeps eye muscles toned, it is cost effective, prevents Alzheimer's and is proven to decrease stress hormones while increasing serotonin. Also creates a sense of achievement and a work of art!

A massive thank you to Mrs Pap for all her patience and we are all looking forward to lesson 2 on Thursday 27th July, 2017.



Playgroup

Our playgroup excursion last term was to Miller library. Librarians introduced children and parents to the library and explained how simple it is to join and borrow books. Parents were informed of the other resources on offer at the library such as computer services and iPad. Children were then treated to a few stories, singing and dancing, then finished off with a craft activity.



Our school has begun the NSW Premier's Primary School Sport Challenge this term. The program aims to engage young people in sport and physical activity and encourages them to lead healthy, active lifestyles. The Premier's Primary School Sport Challenge involves primary school classes participating in a 10 week sport and physical activity challenge.

The Challenge is class based. Students contribute the time they spend in physical activity each week to the class effort. Classes are challenged to set goals to accrue time spent each week in moderate to vigorous activity which is undertaken in a range of sports and physical activities.

To achieve a Premier's Bronze, Silver, Gold or Diamond Award, classes and individual members must accrue the following time spent in sport and physical activity:

Awards	Daily average activity time per student	Average time in minutes per week per student
Bronze	30 minutes per day	210
Silver	45 minutes per day	315
Gold	60 minutes per day	420
Diamond	80 minutes per day	560

Any daily physical activity of moderate to vigorous intensity can be used to accrue time. Moderate activities could be as simple as brisk walking, bike riding with friends, skateboarding, lawn bowls, playground games, yoga and dancing. Vigorous activities are associated with such activities as Australian Football, netball, aerobics, soccer, running, fitness circuits, dance, swimming laps and training for sport.

A range of awards and incentives are available to encourage and acknowledge the work of the class and achievements of the school community throughout the Challenge. Students in classes that have reached the Premier's Primary School Sport Challenge Bronze, Silver, Gold or Diamond Award receive a certificate at the conclusion of the challenge.

PSSA — Season 2 Update

Round 6			
Girls Oztag	Sadleir P.S	v's	Hinchinbrook P.S
Junior	6	defeated	2
Senior	4	Defeated by	5
Boys Soccer	Sadleir P.S	v's	
Junior		defeated	
Senior		defeated	
Mixed Newcomeball	Sadleir P.S	v's	N/A
Junior	BYE		
Senior			

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Live to Learn

We're on Facebook!

<https://www.facebook.com/sadleirpublicschool>



Skoolbag 
Complete communication solution

Sadleir Public School provides a quality education in a supportive environment where students feel confident that their efforts will be encouraged and recognised as they strive to achieve their personal best

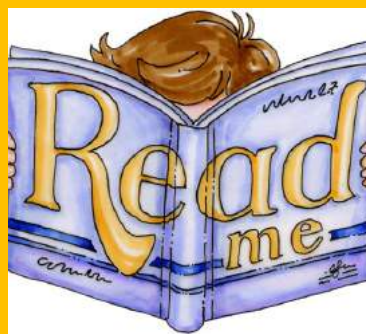
What's on in your community



LIVERPOOL

Come along and join in the fun constructing Lego masterpieces in the library. During school terms 3.30 - 4.30pm

When: 2nd Wednesday of the month | 3.30



MILLER

Check out the new Miller Library Reading Club! Choose a book and we will read to you then you can read to us. 3.30 – 4.30pm

When: Every Tuesday



HOXTON PARK

Liverpool City Council is once again inviting local residents and their families to help celebrate the biggest tree planting event of the year.

When: 30th of July,
9:00am—12:00pm